



Watertown Commission on Aging

Regular Meeting Agenda

DATE: Thursday, April 16, 2026
TIME: 6:30 PM
LOCATION: Watertown Town Hall, lower-level conference room
61 Echo Lake Road, Watertown, CT

This meeting will be an In-Person meeting and will also be available via Zoom in Listen Only Mode.
A Link will be posted on the day of the meeting.
Please see www.watertownct.org under the Calendar of Meeting.

- I. **Call Meeting to Order**
- II. **Roll Call**
- III. **Public Participation**
- IV. **Correspondence**
- V. **Approval of Minutes**
 - A. March 19, 2026, Regular Meeting
- VI. **Reports**
 - A. Chairman
 - B. Parks & Recreation Director
 - C. Senior Services Coordinator/Municipal Agent
- VII. **Old Business**
- VIII. **New Business**
- IX. **Adjournment**

Commissioners, please contact the Watertown Parks & Recreation Department Monday through Friday by 4:30 PM at 860-945-5246 if you are unable to attend. Thank you.

AGENDA

Date: 4-16-26
Number: VFA



WATERTOWN COMMISSION ON AGING REGULAR MEETING MINUTES

WATERTOWN TOWN HALL
FIRST FLOOR CONFERENCE ROOM
61 ECHO LAKE ROAD, WATERTOWN, CT

Thursday, March 19, 2026

- I. The meeting was called to order at 6:30 PM by Melanie Flaherty, Chair
- II. Roll Call

PRESENT:

Melanie Flaherty, Chair
Cynthia Blanchard, Vice Chair
Alan Mickel
Debra Desena
Tracy Dasilva
Wilbur Hughes
Sally Kuslis
Amy Quinnan
Vacancy

ABSENT:

OTHERS PRESENT: Michael Ganem, Director of Parks, Recreation, Senior, and
Social Services

Melanie Flaherty made a motion to remove the name of Joy Goldfarb from the Roll Call. Joy was present last month as a member of the public and is not a member of the COA.

Seconded by Al Mickel.

Motion passed unanimously.

IV. Public Participation – several members commented and provided feedback

V. Correspondence – none

VI. Approval of Minutes:

A. February 19, 2026, Regular Meeting

Motion by Wilbur Hughes, seconded by Sally Kuslis, to approve the minutes of February 19, 2026, amended to reflect that member Amy Quinnan was present at the February 19, 2026, meeting.

Motion passed unanimously.

VII. Reports

A. Chairman – no report

B. Parks & Recreation Director

Michael Ganem:

- Written reports were provided

C. Senior Center Coordinator/Municipal Services

Laura Garay

- Provided a written report

VIII. Old Business- several members attended the recent Zoom Meeting hosted by the Western Area of Aging Advisory Board

IX. New Business – Commissioners discussed the role of the COA and its mission.

X. Adjournment -

Motion: Wilbur Hughes, seconded by Alan Mickel, to adjourn the Regular Meeting at 7:05 P.M.

The motion passed unanimously.

Respectfully submitted,

Melanie Flaherty, Chair
Watertown Commission on Aging

Approved: _____
Susan King, Clerk

AGENDA

BY-LAWS

COMMITTEE TO STUDY THE NEEDS OF THE ELDERLY

WATERTOWN, CT.
TOWN CLERK'S OFFICE
DEPT. OF PUBLIC RECORDS

Date: 4-16-24

Number: VIB

ARTICLE I

PURPOSE AND AUTHORIZATION

'90 FEB 20 P4:02

The objectives and purposes of the Committee to Study The Needs Of The Elderly, Town of Watertown, Connecticut are set forth by ordinance No. ~~06-05-72-34~~ adopted at a regular meeting of the Town Council of the Town of Watertown on the day of June 29, 1972.

ARTICLE II

The Committee shall be known as the Committee To Study The Needs Of The Elderly.

ARTICLE III

Memberships

The Committee To Study The Needs Of The Elderly is composed of nine electors, not more than six of whom shall be members of any one political party, with all members to be appointed by the Town Council of Town of Watertown as follows:

During the month of December of each year, the Town Council shall fill each term expiring at the end of that December for a term of three years, commencing with the January 1 next succeeding. Vacancies on the Committee shall be filled by the Town Council to replace the balance of a vacated term.

Any Committee member who misses a total of 3 regularly scheduled meetings within a calendar year will have his/hers record then referred to the Chairman of the members political party who then will determine the course of action to be taken.

If the absenteeism is still not corrected, his/hers record will then be referred to the Town Council with a recommendation that the member be replaced.

ARTICLE IV

Officers and their Duties

Section 1. The Officers of the Committee shall consist of a Chairman, a Vice-Chairman and a Secretary.

Section 2. The Chairman shall preside at all meetings and hearings of the Committee and shall have the duties normally conferred by parliamentary usage on such officers. The Chairman shall have the authority to appoint committees and call special meetings.

ARTICLE V

Election of Officers

Section 1. The organizational meeting shall be held on the first meeting date in February of every year, at which time officers shall be elected. Two thirds of members must be present before election of officers can take place.

Section 2. Nominations shall be made from the floor at the organizational meeting and elections of the officers specified in Section 1 of Article IV shall follow immediately thereafter.

Section 3. A candidate receiving a majority vote from the voting membership of the Committee shall be declared elected.

Section 4. Vacancies in offices shall be filled by regular election procedure.

Section 5. Resignations from the Committee shall be in written form and transmitted to the Chairman, who will then forward same to the Chairman of the Town Council.

ARTICLE VI

Meetings

Section 1. Regular meetings will be held on the 3rd Wednesday of each month at 7:30 P.M. at a place designated by the Chairman. In the event of conflict with holidays or other events, a majority at any meeting may change the date of said meeting.

Section 2. A majority of the voting membership of the Committee shall constitute a quorum, and the number of votes necessary to transact business shall be a majority of members of the Committee.

Section 3. All Committee meetings shall be open to the public when in session.

Section 4. Unless otherwise specified, Robert's Rules of Order shall govern the proceedings at the meetings of this committee.

ARTICLE VII

Amendments

These by-laws may be amended by a two-third vote of the entire voting membership of the Committee, only after the proposed change has been read and discussed at a previous regular meeting. The proposed change will also be in writing and mailed to all Committee Members prior to adoption.

ORDINANCE NO. 06-05-72-34
ORDINANCE FOR COMMITTEE TO STUDY THE NEEDS
OF AND COORDINATE PROGRAMS FOR THE AGING

Section 1. There is hereby created a Committee to study the needs of, and to coordinate programs for, the Town of Watertown which shall include the Town Manager, the Director of Health and the Welfare Worker, all of whom shall be ex-officio, without vote, and nine other members to be appointed by the Town Council.

Section 2. Effective June 1, 1972, there shall be appointed four (4) members to serve for a term of one (1) year, and five (5) members to serve for a term of two (2) years. Thereafter, all appointments shall be made for a period of two years (2).

Section 3. The Committee shall study continuously the conditions and needs of elderly persons in the community in relation to housing, economics, employment, health, recreational and other matters. It shall analyze the services for the aged provided by the community, both by public and private agencies, and shall make recommendations to the Town Council regarding the development and integration of public and private agencies, in cooperation with State and other jurisdictions to the fullest extent possible. The Committee shall submit a written quarterly report to the Town Council.

Section 4. The members of the committee so appointed shall serve without compensation, but may be reimbursed for necessary expenses.

Section 5. The members of the committee shall serve until their successors are appointed and qualified in accordance with Section 2 above.

Section 6. The committee may organize itself in whatever manner it may determine in order to carry out to the fullest extent possible, the duties set forth in Section 3 above. The Committee shall meet at least once monthly, or at the call of the Chairman.

Section 7. The Town Council may make appropriations to cover the expenses of the Committee.

This ordinance shall take effect twenty-one days after publication.

Dated at Watertown, Connecticut this 5th day of June, 1972.

Effective Date: This ordinance adopted at a regular meeting of the Town Council of the Town of Watertown on the 5th day of June, 1972, shall become effective on the 21st day after this publication in accordance with the terms and provisions of Section 307 of the Charter of the Town of Watertown.

WATERTOWN MINI-BUS TRANSPORTATION

RULES AND REGULATIONS

1988-1989

- 1.) All riders must be physically able to go unassisted and be at least 60 years old. All riders must be residents of Watertown - Oakville.
- 2.) EVERYONE MUST CALL THE MINI-BUS DISPATCHER at 274-5411, Extension 424, at least 24 hours in advance for your reservation. THERE WILL BE NO WEEKLY OR STANDING RESERVATIONS, ALL PERSONS MUST CALL EACH DAY.....
- 3.) PLEASE DO NOT CALL THE DRIVERS AT THEIR HOMES. The Center will be open at 8:45 every day.
- 4.) ALL TRIP CANCELLATIONS MUST BE CALLED IN TO THE DISPATCHER. If this is not done and the Mini-Bus does in fact make the trip to pick up only to find that the trip is cancelled a 25¢ fee will still be charged.
- 5.) The Mini-Bus will not wait for a return trip under any circumstances.
- 6.) Be ready for your scheduled pick up time; the bus will pick you up at curb side. The bus will not wait for you if you are not ready.
- 7.) PLEASE DO NOT BRING or PURCHASE PACKAGES YOU YOURSELF CANNOT HANDLE. Example is only two (2) bags of groceries.
- 8.) First priority in scheduling will be given to persons requesting rides to doctor's appointments. Second priority will be given to requests for downtown centers for shopping and third priority is for personal visits with friends or relatives.
- 9.) The Mini-Bus will not leave the Town Lines on Mondays, Tuesdays or Thursdays. Wednesdays and Fridays are scheduled Waterbury days.
- 10.) SOMETHING NEW HAS BEEN ADDED - Thursday mornings the Mini-Bus will now take trip reservations for shopping in Town only.
- 11.) The Mini-Bus will run only on weekdays, five days a week 9:00 A.M. to 5:00 P.M. The Mini-Bus does not run on Holidays.
- 12.) If Watertown-Oakville Schools are cancelled because of bad weather, the Mini-Bus will also be cancelled. This information can be heard on the Waterbury radio stations and/or on the Town's INFO-LINE 274-9334.
- 13.) We ask everyone to please use the Mini-Bus Tickets. Tickets can be purchased at the Center or from the driver. Tickets will be worth 20¢ each for every one way trip. If cash is given to the driver the cost is now 25¢ for every one way trip.
- 14.) Using the Mini-Bus or Lions Bus after normal working hours, the fee is now \$1.00 for every one way trip.
- 15.) For additional information, please call the Recreation Office at 274-5411, Extension 254-255 or the Senior Center at 274-5411, Extension 424.

AGENDA

Date: 4-16-24

Number: VIC

Senior Center: Reporting for March 1-31, 2026

- (8) New FASC Members came on board between March 1-31, 2026.
- (16) Seniors attended a **Bus Trip to Aqua Turf in Southington** on Tuesday, March 10 and enjoyed a St. Patrick's Day Celebration with the McLean Avenue Band and Irish Step Dancers along with a delicious meal.
- (4) Seniors attended the **Reflexology Session (25 Minutes)** on Tuesday, February 10, which is private pay.
- (73) Seniors attended a St. Patrick's Day Party on Friday, March 13. Seniors enjoyed a traditional Corned Beef and Cabbage dinner with dessert prepared by the Kaynor Tech Culinary Students and delectables donated by local businesses.
- (16) Seniors attended a **Bus Trip to Kaynor Café** on Monday, March 16 and enjoyed a delicious meal prepared by the Culinary Students.
- (10) Seniors took advantage of our **Monthly Blood Pressure Clinic** on Tuesday March 17 sponsored by NCE Home Care of Waterbury.
- (11) Seniors attended a **Bus Trip to Shop-Rite in Southbury** on Wednesday March 18.
- (44) Seniors attended a quarterly **Birthday Celebration** on Thursday March 19. They enjoyed pizza and two delicious, beautifully decorated birthday cakes donated from our Watertown Stop and Shop.
- The FASC Book Club continues to meet on the fourth Tuesday of the month. The Book Club discussed, **Best. State. Ever.** by Dave Barry on Tuesday March 24.
- (41) Seniors attended our **Senior Sandwich Central** on Friday, March 27. Staff prepared Tuna and Egg Salad Sandwiches and our seniors enjoyed home baked chocolate chip cookies along with a bag of chips and a water bottle.
- (90) Energy Assistance Applications have been completed to date.
- Social Service referrals continue to increase.

Planned Activities for April 2026

- Wii Bowling Team Match hosting Waterbury 4-1
- Bus Trip to Big Y Torrington 4-2
- Bus Trip to Polk School for the dress rehearsal performance of Seussical for Kids 4-6
- Bi-Monthly Zumba sponsored by Oak Street Health Care 4-7
- Jewelry Making Workshop I sponsored by First Light Homecare 4-8
- Historical Series, The America Revolution Part I 4-10
- Lunch/Learn, "Planning for the Next Chapter", hosted by The Village at East Farms 4-14
- Reflexology 4-14
- Jewelry Making Workshop II sponsored by First Light Homecare 4-15
- Bus Trip to the Old State House 4-17
- Bus Trip to Kaynor Tech Café 4-20
- Bus Trip to Log Cabin/ Motown /Doo-Wop Show 4-21
- Blood Pressure Clinic 4-21
- Colonial Cooking 4-24
- Balance/Strength Class sponsored by Connect Physical Therapy of Watertown 4-28
- Book Club 4-28